

Spring Awakening – Mark Gibson Aerial Edge Notes from Session on 24/02/2018

1. Any static point with the feet above rung 5 to have hand loops
2. All climbing (up or down) above rung 3 to be done with full focus on climbing and 3 points of contact at all times
3. Any points rung 3 and above that will have hands or feet on them must have tape
4. For hand loops on bars actors should climb above the loop so that the bar is level with the chest. Place an elbow over the bar so 3 points of contact can be maintained while putting on the hand loop
5. The hand loop is only of any use if the knot is pulled to the wrist and the actor is holding onto the loop and there is some bodyweight on the loop
6. Any time an actor is 2m or over there is a risk of a fall feet first which can twist or break ankles, 3m or above a broken bone is likely. A fall from any height which results in a head first landing may result in death. Ensure everyone treats performing at height with respect and ensure neither the cast or crew becomes blasé during the evolution of the production