**ELSPETH’S GUIDE TO FIGURING OUT LX BAR WEIGHTS**

**Fixtures – Go to ‘LX Equipment’page on Paperclip and choose your venue. Most fixure weights are there:**

* **Rush Par’s 5.5kg**
* **750W Fresnels 6.1kg**

**Socapex – 1kg per metre**

**TRS/Ceeform – 0.5 kg per metre**

**IWB’s – Usually about 0.3kg per metre**

**Fly weights: Full – 12.5kg**

**Half – 7kg**