

The Burial at Thebes Recipes



Edible Blood

- Icing Sugar
 - Water
 - Red Food Colouring
 - Green Food Colouring
1. Fill plastic cup half-full with icing powder
 2. Gradually add water and mix until you get blood-like consistency (yum)
 3. Add a couple of drops of red food colouring and mix
 4. Add drop of green colouring to deepen tone
 5. Add a mixture of red and green until you get a very deep blood-like red colour

Blood For Shirt

- Water
 - Red Food Colouring
 - Green Food Colouring
1. Add a few drops of water into plastic cup
 2. Add equal part of red food colouring
 3. Add small drop of green food colouring and judge for correct colour to simulate blood
 4. Pour small part into sink to get true reading of colour
 5. Add more food colouring if needed to get deeper colour

Wine

- Water
 - Cherries & Berries Diluting Juice
 - Red Food Colouring
 - Green Food Colouring
1. Fill wine bottle 2/3 full with water
 2. Add Cherries & Berries Juice until bottle is almost full
 3. Add around a tablespoon of red food colouring
 4. Add a drop of green food colouring
 5. Pour into sink to see true colour and add more colouring, judging which colour it needs more of to resemble red wine